



# CONFINED SPACE ENTRY

## NPC TRAINING PROGRAM

### STUDENT HANDOUT



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## INTRODUCTION TO (COURSE)

### *Course Objective*

**The objectives for this course are:**

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**There will be four practical exercises to test the knowledge learned:**

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## INTRODUCTION TO (COURSE)

### *Definition of Example*

- **Example** is the science of designing the work and the working environment to meet the needs and capabilities of the worker. In essence, it means fitting the job to the person.

Ergon = Work

Nomos = Laws

Ergonomics = The Laws of Work

- **Example** looks at the relationships between the people performing the job, the equipment they are using, the technology, the structure and culture within the organization, the physical demands of the tasks they are performing, and the environment they are working in. Ergonomics can also relate to the same relationships outside of the working environment.